

聯安診所活力青年健康檢查專案

Vitality Youth Health Examination Items & Information NT\$ 16,000

| 類別<br>Items                            | 檢 查 項 目<br>Examination Items  | Woman | Male | 可 瞭 解 症 狀<br>Information   |
|--|---|-------|------|--|
| 一般<br>檢查<br>General<br>Examination     | 身高、體重、體溫、脈搏、呼吸、血壓、腰圍<br>Height, Body Weight, Body Temperature, Pulse Rate, Respiratory Rate, Blood Pressure, Waistline  | ☆     | ☆    | 瞭解身體基本功能是否正常<br>Basic body function analysis.  |
|  | 體脂肪率<br>Body Fat Composition  | ☆     | ☆    | 體脂肪測量得知脂肪及肌肉分布情形<br>To measure the distribution of fat and muscle in the body.<br>(1)身體組成分析：脂肪率、脂肪量、除脂肪量、肌肉量、體水份量<br>(2)體型判斷：依不同體型而給予飲食及運動建議<br>(1) Degree of obesity.<br>(2) Body fat, muscle, body fluid ratio, etc. |
|  | 理學檢查：頭頸部、呼吸系統、心臟血管系統、消化系統、神經系統、肌肉骨骼、皮膚<br>Physical Examination(including head and neck, respiratory system, cardiovascular system, digestive system, nervous system, musculoskeletal system and skin)   | ☆     | ☆    | 甲狀腺、淋巴腺、下肢水腫、心雜音、氣喘<br>General physical analysis.To detect signs of disease and anatomical abnormalities.  |
|  | 身體質量指數(BMI)<br>Body Mass Index  | ☆     | ☆    | 利用身高與體重之比例推估個人體重是否標準<br>A numerical computation regarding height and weight.   |
| 眼科<br>Ophthalmology                    | 視力檢查(含眼壓)<br>Fundus color photo picture   | ☆     | ☆    | 視力、辨色力、眼壓<br>Check visual acuity, color blindness, and eyeball pressure.   |
|  | 眼底彩色攝影<br>Fundus color photo picture  | ☆     | ☆    | 視網膜病變、視神經病變<br>Retinopathy, optic neuropathy   |
| 呼吸<br>系統<br>Pulmonary<br>Function      | ※胸腔X光檢查對於某些區域或微小病灶敏感度不高，可配合低劑量肺部電腦斷層提高診斷效果<br>※Chest x-ray and lateral view of chest x-ray are not sensitive to lesions in some areas and small lesions in lung. Low dose CT examination could increase the sensitivity of lung cancer detection. |       |      |  |
|  | 胸部正面X光<br>Chest X-Ray, PA View  | ☆     | ☆    | 肺結核、肺炎、肋膜積水、支氣管擴張、心臟肥大、肺腫瘤<br>Pulmonary TB, pneumonia, pleural effusion, bronchiectasis, emphysema, cardiomegaly, lung tumor.  |
| 婦科<br>檢查<br>Gynecologic<br>Examination | 子宮、卵巢超音波(含會診)<br>Sonography of Uterus, Ovary, and Adnexal Structures  | ☆     |      | 子宮、卵巢及附屬器官組織是否正常<br>Check for presence of uterine, ovarian and adnexal abnormalities.  |
|  | 子宮頸抹片檢查(含會診)<br>Pap Smear   | ☆     |      | 子宮頸炎、子宮頸糜爛及子宮頸癌<br>Evaluate cervicitis, cervical erosion, and cervical cancer.   |
| 心血管系統<br>Cardiovascular<br>System      | 靜止心電圖<br>Resting ECG (or EKG)   | ☆     | ☆    | 心律不整、心肌肥大、心肌缺氧、傳導異常<br>To detect :<br>(1) Cardiac arrhythmia<br>(2) Cardiomegaly<br>(3) Myocardial ischemia<br>(4) Conduction defect   |
|  | 【心血管病變危險因子檢驗】Cardiovascular Risk Factors  |       |      |  |
|  | 三酸甘油酯 (TG)<br>Triglyceride  | ☆     | ☆    | (1)血脂代謝異常<br>(2)動脈硬化症<br>(3)潛在性心臟血管病變危險因子<br>(4)體內異常發炎   |
|  | 總膽固醇(T-CHOL)<br>Total Cholesterol   | ☆     | ☆    |  |
|  | 高密度脂蛋白膽固醇(HDL-C)<br>High-Density Lipoprotein Cholesterol  | ☆     | ☆    |  |
|  | 低密度脂蛋白膽固醇 (LDL)<br>Low-Density Lipoprotein Cholesterol  | ☆     | ☆    |  |
|  | 心臟血管疾病危險因子(T-cho1/HDL)<br>Total Cholesterol to HDL Ratio  | ☆     | ☆    |  |
|  | 高敏度C反應蛋白(HS-CRP)<br>High Sensitivity C-Reactive Protein   | ☆     | ☆    |  |
| 同半胱胺酸 Homocysteine                     | ☆   | ☆     |      |  |

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|---|---|-------|--|---|
| 消化系統<br>Digest System                           | 腹部超音波 (肝、膽、腎、胰、脾、門靜脈)<br>Abdominal Sonography: Liver,<br>Gallbladder, Kidneys, Pancreas, Spleen,<br>Portal Vein | ☆     | ☆  | 肝、膽、腎、胰、脾臟等器官結構是否正常<br>Diseases and structural abnormalities of liver, gallbladder, kidneys, pancreas and spleen.                     |
|   | 糞便檢查:潛血免疫法 (EIA)<br>Fecal Occult Blood  | ☆     | ☆  | 大腸直腸癌篩檢<br>Screening test for colon cancer.   |
| 肝臟檢查<br>Liver System                            | 【肝臟功能檢驗】 Liver Function   |       |  |   |
|   | 血清總蛋白 Total Protein   | ☆     | ☆  | 肝病、膽道疾病、肝炎、肝功能異常、肝硬化症、營養狀態<br>Check for disease of liver and biliary tract, hepatitis, abnormal liver function, liver cirrhosis, etc. |
|   | 血清白蛋白 Albumin   | ☆     | ☆  |   |
|   | 血清球蛋白 Globulin  | ☆     | ☆  |   |
|   | 白蛋白/球蛋白比率 (A/G)<br>Albumin Globulin Ratio   | ☆     | ☆  |   |
|   | 直接膽紅素 Direct Bilirubin  | ☆     | ☆  |   |
|   | 總膽紅素 Total Bilirubin  | ☆     | ☆  |   |
|   | 鹼性磷酸酵素 (ALK-P)<br>Alkaline Phosphatase  | ☆     | ☆  |   |
|   | 麩草酸轉胺酵素 (SGOT)<br>Serum Glutamic Oxaloacetic Transaminase   | ☆     | ☆  |   |
|   | 麩丙酮酸轉胺酵素 (SGPT)<br>Serum Glutamate Pyruvate Transaminase  | ☆     | ☆  |   |
|   | 轉磷酵素 (GGT)<br>Gamma Glutamyl Transpeptidase   | ☆     | ☆  |   |
|   | 【病毒性肝炎標記】 Serology  |       |  |   |
|   | B型肝炎表面抗原 (HBsAg)  | ☆     | ☆  | B型肝炎感染狀態 Hepatitis B (HBV) carrier status.  |
|   | B型肝炎表面抗體 (Anti-HBs)   | ☆     | ☆  | 是否具B型肝炎之免疫力 Immunity to HBV.  |
| C型肝炎抗體 (Anti-HCV)                               | ☆   | ☆     | C型肝炎感染狀態 Hepatitis C carrier status.   |   |
| 內分泌代謝系統<br>Endocrine and<br>Metabolic<br>System | 【糖尿病檢驗】 Diabetes Tests  |       |  |   |
|   | 飯前血糖<br>AC Sugar  | ☆     | ☆  | 糖尿病、低血糖症<br>A survey for diabetes mellitus and hypoglycemia.  |
|   | 糖化血色素 (HbA1c)<br>Hemoglobin A1c   | ☆     | ☆  | 前三個月血糖平均值<br>To show the average level of blood sugar over the previous 3 months.   |
|   | 飯前胰島素<br>AC Insulin   | ☆     | ☆  | 瞭解空腹時胰臟分泌胰島素的情形，以輔助診斷糖尿病<br>To evaluate insulin production by the pancreas during fasting to assist in the diagnosis of diabetes.     |
| 糖尿病前趨檢測<br>(HOMA-IR Index)                      | ☆   | ☆     | 可評估胰島素穩定血糖的能力，瞭解是否有胰島素阻抗情形，做為評估糖尿病風險的依據<br>To evaluate the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes. |   |

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|--|---|-------|------|---|
| 【甲狀腺功能檢驗】Thyroid Function  |   |       |      |   |
| 內分泌代謝系統<br>Endocrine and Metabolic System  | 游離甲狀腺素 (Free T4)<br>Free Thyroxine                                  | ☆     | ☆    | 甲狀腺機能亢進症或甲狀腺機能低下症<br>Hyperthyroidism<br>Hypothyroidism                                      |
|  | 甲狀腺促素 (TSH)<br>Thyroid-Stimulating Hormone                          | ☆     | ☆    |   |
| 骨骼系統<br>Skeletal System  | 頸椎側位X光<br>Lateral cervical spine X-ray                              | ☆     | ☆    | 椎間盤狹窄、骨刺、僵直性脊椎炎、脊椎滑脫症<br>Evaluate the Lateral cervical spine structure and disease.         |
|  | 腰椎側位X光<br>Lumbar Spine X-Ray  | ☆     | ☆    | 椎間盤狹窄、脊柱滑脫、退化性關節病變、骨刺<br>Evaluate the L-spine structure and disease.                        |
|  | 腹部X光 (KUB)<br>Abdominal X-Ray                                       | ☆     | ☆    | 結石、骨刺、椎體壓迫性骨折<br>Evaluate the bony struture and soft tissue of abdomen.                     |
| <p>※輔助篩檢腫瘤，但仍需配合其它檢查。包括內視鏡、超音波、核磁共振、電腦斷層或正子掃描等；腫瘤標記數值也可能在非腫瘤疾病有升高現象。<br/>           ※Tumor markers may be used to help detect cancer. However, in order to confirm the diagnosis, other examination is necessary such as endoscopy, sonography, MRI, CT, PET, etc; Abnormal tumor marker level could occur in non-neoplastic diseases.</p> |   |       |      |   |
| 腫瘤標記<br>篩檢<br>Tumor Markers Screening  | 甲型胎兒蛋白 (AFP) (肝臟)<br>Alpha-Fetoprotein                              | ☆     | ☆    | 肝腫瘤、生殖腺腫瘤<br>Liver tumor, reproductive organ tumor.   |
|  | 癌性胚胎抗原 (CEA) (腸胃道、肺腺體)<br>Carcinoembryonic Antigen                  | ☆     | ☆    | 消化系統腫瘤、肺癌等<br>Digestive system tumors, lung cancer, etc.                                    |
|  | 攝護腺抗原 (PSA) (適男性)<br>Prostate Specific Antigen (Applicable to Male) |       | ☆    | 攝護腺腫瘤<br>Prostate tumor.  |
|  | 婦女生殖癌 (CA125) (適女性)<br>Cancer Antigen 125 (Applicable to Female)    | ☆     |      | 卵巢及其它婦女生殖系統腫瘤<br>Ovarian tumor and other female reproductive system tumor.                  |
|  | 胰臟癌篩檢 (CA19-9)<br>Cancer Antigen 19-9                               |       | ☆    | 胰臟癌、肺癌、胃癌、大腸癌、直腸癌及腹腔腫瘤等<br>Pancreatic tumor and intra- abdominal organ tumors.              |
| 【腎臟功能檢驗】Renal Function   |   |       |      |   |
| 泌尿腎臟<br>系統<br>Urinary System   | 血中尿素氮 (BUN)<br>Blood Urea Nitrogen                                  | ☆     | ☆    | 腎臟功能障礙<br>Evaluation of renal funtion.  |
|  | 肌酸酐<br>Creatinine-Serum   | ☆     | ☆    | 可評估腎功能及是否有腎衰竭、尿毒症等<br>To evaluate renal function, and to detect renal failure, uremia, etc. |
|  | 尿酸<br>Uric Acid   | ☆     | ☆    | 高尿酸血症<br>To detect hyperuricemia.   |
|  | 腎絲球過濾率 (eGFR)<br>Estimated Glomerular Filtration Rate               | ☆     | ☆    | 評估腎臟功能是否有異常或是早期退化的指標<br>To detect early signs of kidney damage.                             |
|  | 微量白蛋白 (尿液)<br>Microalbumin-Urine                                    | ☆     | ☆    |   |
|  | 肌酸酐 (尿液)<br>Creatinine-Urine  | ☆     | ☆    |   |
| 微量白蛋白 / 肌酸酐 (尿液) (ACR)<br>Microalbumin / Creatinine-Urine Ratio  | ☆   | ☆     |      |   |

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|---------------------------------|--|-------|------|--|---|
| 泌尿腎臟<br>系統<br>Urinary System    | 【尿液檢驗】Urinalysis   |       |      |  |   |
|                                 | 外觀 Appearance  | ☆     | ☆    | (1) 蛋白尿、腎病症候<br>(2) 泌尿道感染<br>(3) 糖尿病、黃疸<br>(4) 血尿、泌尿道結石<br><br>(1) Proteinuria, nephrotic syndrome,<br>(2) Urinary tract infection,<br>(3) Diabetes, jaundice,<br>(4) Hematuria, urinary tract stone, etc. |   |
|                                 | 比重、酸鹼度、尿膽素原、尿蛋白、尿糖、<br>酮尿、膽紅素、潛血、白血球、亞硝酸鹽<br>Specific Gravity, pH Value,<br>Urobilinogen, Protein, Glucose, Ketone<br>Body, Bilirubin, Occult Blood, WBC,<br>Nitrite | ☆     | ☆    |  |   |
|                                 | 沉渣:紅血球、白血球、表皮細胞、圓柱體<br>Sediment: RBCs, WBCs, Epithelial Cells,<br>Casts  | ☆     | ☆    |  |   |
| 白血球 (WBC)<br>White Blood Cell   | ☆  | ☆     |      |  |   |
| 血液常規<br>檢驗<br>Blood Routine     | 白血球分類 (DC)<br>WBC Differential Count   | ☆     | ☆    | 貧血 (缺鐵、海洋性貧血)、血液凝固功能、白血病及其他血液癌症、細菌性感染<br>Anemia(iron-deficiency, thalassemia), coagulation functions, leukemia, other<br>blood diseases, and bacterial infection.  |   |
|                                 | 紅血球 (RBC)<br>Red Blood Cell  | ☆     | ☆    |  |   |
|                                 | 血紅素(Hb)<br>Hemoglobin  | ☆     | ☆    |  |   |
|                                 | 血球容積(HCT)<br>Hematocrit  | ☆     | ☆    |  |   |
|                                 | 血小板<br>Platelet  | ☆     | ☆    |  |   |
|                                 | 平均紅血球容積(MCV)<br>Mean Corpuscular Volume  | ☆     | ☆    |  |   |
|                                 | 平均血球血紅素(MCH)<br>Mean Corpuscular Hemoglobin  | ☆     | ☆    |  |   |
|                                 | 平均血球血紅素濃度(MCHC)<br>Mean Corpuscular Hemoglobin<br>Concentration  | ☆     | ☆    |  |   |
|                                 | 【荷爾蒙檢查】Hormones check  |       |      |  |   |
|                                 | 皮質醇(Cortisol)  |       | ☆    |  | 分析壓力的程度及抗壓力荷爾蒙是否平衡<br>To evaluate whether stress level and stress hormone is balanced or not. |
| 脫氫異雄固酮硫酸鹽(DHEA-S)               |  | ☆     |      |  |   |
| 專業諮詢<br>Medical<br>Consultation | 醫師親自解說報告(上午)<br>Explanation of Data(Morning)   | ☆     | ☆    | 醫師一對一諮詢<br>A certified Internist or Family Physician will analyze the data and advise<br>accordingly.  |   |

備註(P.S.) 1.The items of examination package can't be requested replace other items or refund.

2.The aforementioned items are applicable to Taiwan, Penghu, Kinmen, and Matsu. The content of the items is mainly based on the actual content of the site, and Lianan reserves all the right for the final explanation.